

# **Psychotherapy and Counselling Union**

***standing up for therapists and therapy***

A single organisation working to:

- bring together counsellors, psychotherapists and other practitioners from every corner of the field, including trainees on an equal basis
- campaign for true diversity and equal opportunities in the therapy world, and support individuals who are discriminated against
- campaign to reform IAPT and other 'therapy-lite' substitutes, while at the same time supporting IAPT practitioners with their grievances
- campaign against the use of therapy to get people off benefits and/or back to work
- change the system whereby starting practitioners have to work unpaid, often with very complex issues and without adequate support
- campaign to defend and extend the provision of open-ended therapy which is free at the point of contact, and where the client can choose their practitioner and modality
- support and defend practitioners in disciplinary hearings, and also against bullying and harassment
- support and defend therapy against attacks from government and media, and against creeping medicalisation
- Establish a policy and research unit to develop solid positions on a wide range of issues

***Do you think we need such a union?***

***Sign up overleaf as a supporter.***

## ***Sign up below***

At this point we don't know what sort of structure will work best for us (we will function as a Union, but may not qualify to be formally recognised as one). We also don't know at what level subscriptions will need to be fixed – the expensive item will probably be defending practitioners against complaints. So what we are asking for now is a supporter's payment enabling us to start organising and planning and to pay a part-time worker the living wage. What we do with your money will be openly accounted for, and if things don't work out we will ask you what to do with any surplus.

Your contribution will count as part of the first year's subscription when this is set, and will also entitle you to have your say on what the Union should prioritise and how it should be organised. Please fill in the form and return it to the address below.

Kate O'Halloran, Clare Raido, Andrew Samuels, Nick Totton

NAME

ADDRESS

EMAIL

PHONE

YOUR PRACTICE (eg private/NHS/other organisation, qualified/trainee, clients/supervision/training/management)

**PAYMENT OF SUPPORTER'S CONTRIBUTION.** This can be any amount, suggested figure if you are earning: £25.

Amount of contribution:

Cheque enclosed/Paid by BACS [cross out one]

Post or email the form to: PCU, 3 Churchill Road Norwich NR 3 4PX,  
pcu.union@gmail.com

Cheque: made out to Psychotherapy and Counselling Union.

BACS: Unity Trust Bank plc, 60-83-01, 20357063; please use your name as reference.